



WELCOME

We now know we're all going to be locked down for another few months. The Hub is thinking what more can be done to support the community and in particular those who are isolating alone. We are in search of new ideas that will mean a lot to the people we've been supporting since March 2019. If you have any ideas then please let us know because we want to do even more during this period than we achieved during the summer.

Whatever happens, remember the phone is there and the support number will operate every day.

24 hour service

NEED HELP OR ADVICE?

CONTACT PETER

MOB NO 07974573582

peter.crathorne@gmail.com

bag o' books.....

There are shopping bags of books that can be delivered to your doorstep. You look through these, make your selection and the bag is collected from your doorstep later in the day.

MEETINGS ON ZOOM IN THE COMING WEEK – 09.01.21 and 11.01.21

Tuesday Morning 11.00 – 12.00 noon will be a discussion group mainly concerned with current affairs, locally, nationally and internationally.

Participants suggest items for discussion and each item is generally given 20 minutes with the chairman ensuring that all get an opportunity to make a contribution. While this does not suit everyone, those who have joined say they have enjoyed the session.

THURSDAY CLUB 11.00 – 12.00

NEW ZOOM EVENT

WEEKEND CATCH UP SATURDAYS 11.00 – 12.00

No computer then dial in on your home phone during the meeting times.

Dial 0131 460 1196. and when requested enter 377 931 4064 followed by the hash key and chat away.

As we are in tier four the Hub will have to remain closed.

I AM ONLY ONE

But I am one

I cannot do everything

But I can do something

What I can do

I ought to do

And what I ought to do

By the grace of God I will do.

A poem by Frederick William Farrar

WE CAN DO!

Staying in touch and meeting people

Regular social contact is vital for good mental health. It's part of what makes life fulfilling and helps us feel good about ourselves. But it can be difficult to meet new friends when you're retired. Many of us meet our friends at school, college, or work, or through friends of our children. As we get older, opportunities to make friends don't exist in quite the same way. You may find your circle of friends has got smaller or you may want to widen your social network. The good news is that there are plenty of opportunities to stay in touch with old friends and meet new people.

Stay in touch with friends

Talking to friends is a great way to relive old memories and remind you of all the positive things in your life. Spending time with other people can prevent you from feeling lonely or anxious and give you a chance to share experiences, thoughts and ideas. If friends live nearby, arrange to meet them regularly. It can take confidence to reach out and arrange things with friends, but why not try organising lunches, afternoon tea and day trips. Visit Britain (see page 37) has plenty of suggestions. If your friends can't make it the first time you ask them don't take this as a rejection – they could be busy for a number of reasons. Agree a time and date that suits you all to rearrange. And if friends live far away, make regular phone calls to stay close. Now that this is not allowed you can still join the Zooms.



Get online

The internet has opened up even more ways to keep in touch with family and friends, such as exchanging emails and using Skype, Facetime, WhatsApp, joining a Zoom meeting and making free video phone calls. Online social networks like Facebook and Twitter are a great way to stay in touch, make new friends, look at photos, find out about events and more. If you're not confident using the internet, ask your local Age UK for help – many offer training sessions on getting online. UK Online Centres can also help people who want to learn basic computer skills (see Peter's contacts for more help you do this. The hub has laptops and tablets you can borrow).

MASSIVE QUIZ OF THE YEAR; ANSWERS NEXT WEEK:

Questions: January to March, 2020 Quiz.

1. In early **January**, which country's south coast was battling against large fires?
2. Which self-styled spiritual medium and television personality passed away in early 2020?
3. On which online platform did the Duke and Duchess of Sussex announced they planned on being financially independent and split their time between North America and the UK?
4. A flight from which European country crashed in Tehran, Iran, killing all 176 passengers on board?
5. Which city in China was the epicenter of the coronavirus outbreak?
6. Who split from producer Jon Peters after just 12 days of marriage?
7. What happened in Stockton-on-Tees, County Durham, just before 6am on the 23rd of January?
8. Which country announced that the culling of unwanted male chicks will be outlawed, becoming one of the first countries to initiate such a ban?
9. Which basketball legend lost his life when his helicopter departed from John Wayne Airport and crashed into a mountain with nine people aboard? Which team did this sporting legend play his entire 20-season career with?
10. Which newspaper announced that it will no longer accept advertising from oil and gas companies, and introduced an outright ban on taking money from the fossil fuel industry?
11. The former Rector of the University of St Andrews sadly died, aged 96, can you name him?
12. On **February** 1st, what did Sofia Kenin win?
13. Which team beat the San Francisco 49ers to win the Super Bowl? And in which American city did the final take place?
14. Sadly Kirk Douglas died on February 5th, but he lived to a ripe old age, how old was he when he died?
15. The 92nd Academy Awards took place this month, which South Korean film became the first film in a language other than English to win Best Picture?
16. The UK government confirms it had begun to study the feasibility of a bridge with a cost of billions, which two areas would this bridge link?
17. Rishi Sunak became the new Chancellor of the Exchequer but who did he replace?
18. Whose 1966 painting *The Splash* sold for £23.1 million at auction in London?
19. Sadly, Caroline Flack was found dead in her flat on 15 February 2020, how old was she?

20. A new polymer twenty pound banknote entered circulation, it featured the face of which famous historical figure?
21. Which celeb was robbed at knifepoint on Valentine's Day after being confronted by a man in London's Hampstead area?
22. A landmark study showed that what in England had stalled for the first time in more than 100 years?
23. Which actress announced that she was going to be a parent for the first time, with her husband Joe Jonas?
24. On February 29, which European country became the first in the world to make all public transport in their country free to use?
25. In early **March**, which trio announced their reformation and 'The Last Domino? Tour' on Zoe Ball's BBC Radio 2 show?
26. Which European country became the first country to implement a nationwide lockdown because of the Covid-19 virus?
27. Who revealed with his wife, Rita Wilson, that he had tested positive for Covid-19 in Australia?
28. Which member of the royal family announced that they had contracted the virus and was self-isolating in Scotland?
29. Former movie mogul Harvey Weinstein was sentenced to how many years in prison:(a) 3 years, (b) 13 years, or (c) 23 years?
30. The 2020 Summer Olympics are postponed until next year, in which city were they due to take place?

Questions: April to June, 2020 Quiz.

1. In **April**, the contactless payment limit for in-store spending is raised from 30 pounds to how much?
2. Who narrated the 'Disney plus' nature documentary "Elephant," which became available to stream on April 3?
3. Actress Honor Blackman, aged 94 sadly passes away, what was the name of the Bond girl character she played in the film *Goldfinger*?
4. What name was given to the first temporary critical care hospital to treat COVID-19 patients which opened in London?
5. The results of the 2020 Labour Party leadership election sees Keir Starmer elected as leader, what is the new Labour leader's middle name?
6. Which store, one of the UK's largest and oldest department stores, went into administration for the second time in 2020?

7. Racing legend Sir Stirling Moss sadly died, how many World Championships did he win?
8. Which 99-year-old war veteran raised over £25 million for NHS Charities after walking more than 100 laps of his garden?
9. Boris Johnson and Carrie Symonds announce that she has given birth to a baby boy, what is the baby's first name?
10. In **May**, which professor resigned from the government's Scientific Advisory Group after meeting his "married lover"?
11. Which small market town came to national attention when Dominic Cummings was discovered to have driven there 'to test his eyesight'?
12. Which company revealed that it had been the subject of a cyber-attack resulting in the release of the personal information of 9 million customer?
13. Thousands of people protest against the death of a man arrested by police in the USA, what was his name? In which city did this happen?
14. May 2020 breaks which UK weather recent record: (a) the sunniest, (b) the wettest, or (c) the coldest?
15. In **June**, which author releases a new fairy tale entitled *The Ickabog* in free online instalments?
16. Who did the BBC announce as its new Director-General, effective from 1 September 2020?
17. Who, after being permanently suspended from Twitter stated that she had joined Parler instead?
18. A statue of which 17th century merchant, slave trader and philanthropist was pulled down in Bristol?
19. In June, the UK's national debt exceeds 100% of GDP for the first time since which year: (a) 1963, (b) 1973, or (c) 1983?
20. Dame Vera Lynn sadly passes away, aged 103, which one of her songs was about a large leafy area in Mayfair?
21. Which "Tiger King" star was moved to a prison hospital bed from isolation after claiming "I'll be dead in 2-3 months" in a letter to fans?
22. Which footballer wrote an open letter to the government calling on them to end child poverty in the UK?
23. Who was sacked from the Shadow Cabinet after sharing an article on Twitter?
24. Liverpool F.C. are confirmed as champions of the 2019–20 Premier League after Manchester City lose at Chelsea, when did they last win the league title: (a) 1986, (b) 1988, or (c) 1990?

Quiz of the Year: July to September, 2020.

1. In **July**, while being interviewed by Darren Grimes on a podcast, who said "slavery was not genocide"?
2. Which country has built a massive dam on the river Nile, which has outraged Egypt and threatened its water supply?
3. Footballer Jack Charlton passed away in July, he played for just one club, making 629 appearances for them - which club?
4. On 16 July 2020, it was ruled that who could return to contest the UK government's decision to revoke her British citizenship?
5. Who married property developer Edoardo Mapelli Mozzi?
6. Grime artist Richard Cowie gets into trouble over a series of antisemitic posts on his social media accounts, by what stage name is he better known?
7. Who announced they will be publishing a book about the 'war on free speech' called "Wake Up"?
8. Johnny Depp was in the tabloid news throughout July in a legal fight with which former wife?
9. The BBC axes the teatime edition of which programme after 48 years?
10. Actress Dame Olivia de Havilland sadly passes away, aged-104, in which global city was she born?
11. It's been around since 1973 but will not be printed anymore - what is it?
12. Who is suing Coleen Rooney for defamation?
13. In early **August**, the Queen wishes Meghan Markle a happy birthday on Instagram, how old is she?
14. Who said she 'wanted to cry' over photos of revellers crammed into packed pubs?
15. Who does Joe Biden select as his running mate for the 2020 presidential election?
16. Where exactly would you find a dollop of whipped cream with a cherry, a fly, and a drone topping?
17. In which city was Kyren Wilson for the weekend ending on the 16 August?
18. Who was selected as the next leader of the Liberal Democrats?
19. ITV confirms that Series 20 of *I'm a Celebrity...Get Me Out of Here!* will be filmed in which part of the UK?
20. In **September**, which former Prime Minister is appointed as an unpaid trade adviser to the UK government?

21. YouTube star Adam Beales will be joining Lindsey Russell, Richie Driss and Mwaka Mudenda to do what?
22. Sadly Diana Rigg passed away, in which James Bond film did she play Countess Teresa di Vincenzo?
23. Who got married to American actor David Harbour in a Las Vegas Wedding Chapel?
24. Why was history teacher Donald Fear from Telford in the news?
25. A haul of "irreplaceable" items stolen from a London warehouse in 2017, were found buried under the floor of a house in rural Romania - what sort of items?
26. Who announced he will leave the BBC after 25 years to launch *GB News* next year?
27. In the USA, a Supreme Court's Feminist Icon died aged 87, do you know her first name?

Quiz: October to December, 2020 Trivia.

1. In **October**, the 2020 Nobel Prize in Physics is awarded to Roger Penrose, Reinhard Genzel and Andrea Ghez for their work on what?
2. A fly landed on who's head?
3. Good Morning Britain had many Ofcom complaints after which actor said he 'jumped for joy' over Donald Trump's coronavirus diagnosis?
4. Liverpool FC become the first reigning English top-flight champions to concede seven goals in a league match since 1953 when they lost to which team?
5. The coronavirus pandemic has resulted in the release of which new James Bond film being pushed back to April 2021?
6. On Saturday 17th October, a 50p coin release made the headlines, what three word slogan was on it?
7. Joe Biden's youngest son was making tabloid and social media news throughout October - what's his name?
8. Britain's oldest person Joan Hocquard sadly dies - how old was she?
9. Which organisation published a report that led to Jeremy Corbyn's suspension from Labour?
10. Bobby Ball sadly passed away, Bobby played the character Lenny in which sitcom from 2005 to 2008?
11. On **November** 9, which company announced that their vaccine appeared to be over 90% effective?
12. Another death, this time it was Alex Trebek, a fixture of American TV for 36 years as the host of which game show?

13. In the closest miss on record, an asteroid the size of a London bus missed the Earth by how many miles on Friday 13: 240 miles, 2,400 miles or 24,000 miles?
14. From 1992 to 1998, Des O'Connor presented which game show?
15. Who conducted the Panorama interview with the Princess of Wales in 1995, that led to a 2020 BBC apology?
16. Who loses the first stage of the Wagatha Christie court battle?
17. Which singer said she was "deeply sorry" for breaking English lockdown rules to celebrate her 30th birthday?
18. Michael Gove made tabloid news by saying what food item was definitely a substantial meal?
19. Which retail group, whose operations include Topshop, Burton and Dorothy Perkins, went into administration?
20. Sadly Dave Prowse passed away, before portraying Darth Vader what sort of man was he in a public information campaign aimed at children?
21. Diego Maradona finished his professional career with which South American club in 1997?
22. In **December 2020**, which politician claimed the UK was simply 'a much better country' than its rivals"?
23. Which club's supporters made the news by booing?
24. Who said: "I'm just blown away. I can't believe it. It's been the most amazing experience."?
25. Which company announced it will stop printing its annual catalogue?
26. What was the name of the gentleman from Warwickshire who was the second British person to get the Covid vaccine?
27. Who got her very first tattoo? It was a wrist tattoo featuring the initials of all six of her children.

NOW FOR SOME LIGHT RELIEF - KEEP SENDING YOUR JOKES IN

Reflections on 2020: Ian Fox provided these:

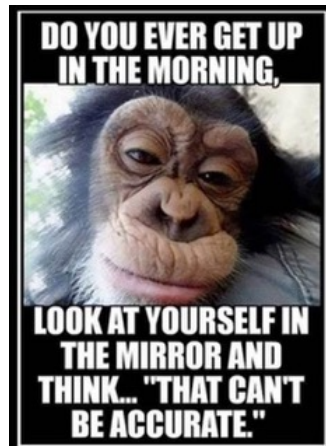
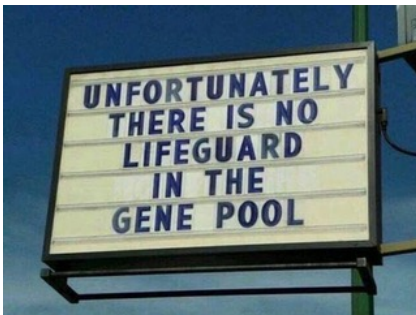
1. The worst thing I ever bought was a 2020 planner.
2. 2019: Stay away from negative people. 2020: Stay away from positive people.
3. The world has turned upside down. Old folks are sneaking out of the house & their kids are yelling at them to stay indoors!
4. This morning I saw a neighbour talking to her cat. It was obvious she thought her cat understood her. I came to my house & told my dog.... We had a good laugh.
5. Every few days try your jeans on just to make sure they fit. Pyjamas will have you believe all is well in the kingdom.

6. Does anyone know if we can take showers yet or should we just keep washing our hands?
7. I never thought the comment, "I wouldn't touch him/her with a 6-foot pole" would become a global policy, but here we are!
8. I hope the weather is good tomorrow for my trip to the Backyard. I'm getting tired of the Living Room.
9. Never in a million years could I have imagined I would go up to a bank clerk with a mask on and ask for money.

Jill's Jokes



You thought other puns were bad?
Just wait until you sea mine.



I really don't
mind getting
older, but my
body is taking
it badly.

I don't always
go the extra
mile, but when
I do it's because
I missed my
exit.

As I watch this
generation try to
rewrite history,
one thing I'm
sure of.... it will
be misspelled
and have no
punctuation.

THIS IS THE FUNDRAISING SECTION.

Now the parish council has seriously reduced its support for the Hub we have to raise £60,000 each year to keep our lovely Hub going.

Raise free funds for us every time you **shop online** through easyfundraising

Shop with over 3,000 online sites including:

amazon.co.uk John Lewis ebay M&S B&N Lidl Sainsbury's ASDA
Argos Booking.com DEbenhams Next ASDA Viking moonpig

[Find out more](#)

We have many personal donors together raising £12,000 each year. if you would like to join them contact Peter

Support
The Hub@Henley
Community Centre Cio

When you shop at smile.amazon.co.uk,
Amazon Donates

[Visit smile.amazon.co.uk](http://smile.amazon.co.uk)

smile.amazon.co.uk

USE THE DONATE BUTTON ON THE HUB'S WEBSITE

www.thehubathenley.co.uk



When you buy selected Co-op products and services, 2p for every £1 spent goes into your membership account. And we'll split the same between like-minded organisations and local causes.

You can select a local cause you would like to support. If you do not select a cause to support, we'll share the funds you raised equally between the 3 causes in your community. We give you a new set of causes to choose from every October. You can change the cause you support at any time. Please go on line to your co-op Account and opt into the Hub we need your support.

Your puzzle for this week

Answers to last edition's puzzle



ACROSS

- 1 Huge African beast (5)
- 5 Finished first (3)
- 6 Fish with a large net (5)
- 7 Droop (3)
- 9 Male domestic cat (3)
- 10 Cook's pinny (5)
- 12 Hotel entrance attendant (7)
- 14 Largest city of Scotland (7)
- 16 Craft, ability (5)
- 18 ___ for, choose (3)
- 19 Opposite of 'begin' (3)
- 21 Bulb vegetable (5)
- 22 Conger ___, fish (3)
- 23 Creased, furrowed (5)

DOWN

- 1 Item of hall furniture (8)
- 2 Blood fluid (6)
- 3 Hooting birds (4)
- 4 Warm and cosy (4)
- 8 Pear-shaped fruit (7)
- 11 Sun umbrella (7)
- 13 Waterproof fabric (7)
- 15 Turned pale (8)
- 17 Cosmetic liquid (6)
- 19 Holes in needles (4)
- 20 Toy baby (4)